## Moral Masturbation

Also known as Ego Masturbation - The act of self gratification by participating in activities to make you feel superior because you are a member of a group of the chosen and are therefore better than the un-chosen. The Cult Mind keeps its victims plugged in by offering them ego treats to satisfy their addiction to praise and an artificial sense of self importance. Self importance is addicting much like drugs are and the ego addict will perform acts of moral masturbation to get that "I'm better than you" experience. Moral Masturbation can be something that an individual does for self gratification - or it might be done as part of "Group Moral Masturbation". Group Moral Masturbation might take the form of public prayer where the object of the public prayer is to be seen by the nonbelievers in order to make a public statement that we are the Chosen People who were chosen for an important mission by a deity to do some important work that the omnipotent deity can't accomplish himself.

Judgment is also a common act of Moral Masturbation. The pointing of the finger to declare non cult members as "condemned" and sharing a fantasy that the universe is one big court and that there is a judgment day and that the criteria for judgment is not something that makes sense in the real world - but rather you are judged by your membership in a cult. They believe that your "sins" are forgiven by "faith" which is really the extent that they plug into the Cult Mind and suppress their connection to the real world.

The Sacred Principle of Humility tells us not to perform Moral masturbation on ourselves. As Realists we are tempted to look down upon the victims of cults as "stupid people" and take an ego thrill because we are "smart" and they are "dumb". But this too is Moral Masturbation and it is something that keeps us from evolving forward. Everyone does it to some extent. But we should watch ourselves (Principle of Self Scrutiny) and try not to play with ourselves that way.