

Staying True

Staying True - also known as the Sacred Discipline - is the self discipline that we Realists practice to stay on the Path of Knowledge and to become wise. All around we are tempted to join the cult mind and to believe in things that aren't real because we are pressured by our friends and families to plug into the cult mind. We are also pressured to accept a level of dishonesty because everyone is doing it. But as Realists practicing Realism we have a Sacred Duty to the Truth and to ensure that we are not Living The Lie and end up on the Path of Illusion, we have to do what it takes to Stay True.

Staying True is our commitment to the Principle of Self Scrutiny. We always ask ourselves the Sacred Question - What is Real? Are we really on the Path of Knowledge or are we just fooling ourselves? We are aware that those who are on the Path of Illusion are usually very sure they are on the true path. Those who are Staying True however are never sure they are on the true path because we respect the powers of illusion around us. All we can say is that we believe that we are trying to do the best we can under the circumstances and we hope that it is good enough. We realize that no matter how hard we try - that we too can be fooled.

Staying True is to respect the Sacred Principle of Humility. We Realists are a humble religion because we realize how small we are in a vast reality. We avoid the ego because if we desire self worth and recognition we open ourselves to being plugged into the Cult Mind. The Cult Mind can entrap us by giving us a false sense of importance in order to enslave us. There is nothing wrong with feeling good about ourselves if we accomplish something or feeling bad about ourselves if we fail - as long as we do it moderately. We avoid becoming addicted to praise and we refuse to accept shame because we are not self important. We can be ok because we try hard and we are trying hard to stay true.