## Living Life as a Realist

If you thought you were going to get off easy and that the Church of Reality believed that everything was ok - you're wrong. The Church of Reality supports a lifestyle the reflects our Sacred Mission and our Sacred Principles. If we support The Principle of Positive Evolution and want to move society forward in the Sacred Direction then we need to live our lives in a progressive manner. We are people who are good citizens, productive members of society, and we live our lives to make our world a better place to live.

We however do not require a bizzare lifestyle like other religions. You don't have to shave your head, wear an orange robe or burka, go around knocking on doors asking people to accept Darwin or Newton, no praying or chanting is required, no strange rituals, holy books to swear on, no robes, beads, prayer cloths, piercings, snake handling, or special diets. You don't worship a diety, not required to honor the sabbath, (although getting some rest is a good idea - work hard - play hard) we don't control who you vote for, no mass weddings, no vows of celebacy or silence, no female oppression, no holy wars, and no deities will order you to kill anyone.

We believe in promoting a common sense healthy livestyle where everyone is encourged to be a productive upstanding part of society. We are to be "good people" - the kind of people that others look up to - who other want to be around - who others consider to be honest, reliable, trustworthy, respectful, humble, and helpful.

Generally the Church of Reality subscribes to the principles of