Understanding Sexuality

Sex is moral in the Church of Reality. Sex is how we humans reproduce. We are the descendents of 3 billion years of sexual intercourse. Sex is something that is normal and natural and it not sin nor anything to be ashamed of. If not for sex - I wouldn't be writing this and you wouldn't be reading it.

Like the animals, we humans have sexual instincts that we can at best partially control. We have some control over it but only limited control. After all - there have been people in history who have risen above their instinctual urges - but they are not our ancestors. We are the descendents of those without self-control, and when it comes down to it, the majority of people born on this planet are not planned.

The Church of Reality takes the position, like every other issue, that reality be applied to sex. And the reality is - sex is an evolved desire that drives us to reproduce. That's why the instinct to do it is so strong. However the instinct to reproduce must be balanced with good judgment and issues with the transmission of disease. Fortunately we have evolved the technology of birth control and condoms that allow us to enjoy the instincts without spreading disease and not creating more people that we aren't prepared to raise. Sexual issues are very complex and we take the position that sexual education and research are necessary in order to best deal with issues of a sexual nature.