

The Day of Self Realization

November 7th is the Day of Self Realization. It is the birthday of the Church of Reality. The Church of Reality appeared in a vision to the First One in the evening of November 7th 1998 while he was smoking a joint and thinking about religion. It came to him that the only true religion would be a religion based on reality, and that there was nothing more real than reality itself. It was as if at that moment that reality became self aware. Reality realized it's own existence, and a religion was formed whereby realists dedicate themselves to the pursuit of reality and dedicate themselves to the Tree.

Where Newton's birthday focuses on science and ideas, The Day of Self Realization focuses on the process of coming up with ideas. We think about the mind and how it works. What is an idea? What is reality itself? Why is there something rather than nothing? How do we know that what we think is real is really real? How do we know that we aren't being tricked or that we are just plain wrong?

The Day of Self Realization is a day where we honor the {In:Principle of Humility}, Self Scrutiny, and Wisdom. We wonder about wondering. We ponder pondering. We think about thinking. We try to understand the understanding of understanding. We ask ourselves what our role in reality is and how we fit in society. We ask ourselves if we are doing enough to bring the Sacred Gift to others.

The Day of Self Realization is the Day of the Mind. It's about the tools we have to work with, with which to use to explore reality. Ego treats are prohibited on this day. We think about how much knowledge is out there and how little of it we know. It is a day to look inside ourselves, to examine our disciplines. We wonder about our world and how we see reality and how it is different than how people we know see reality. We wonder if people who see things differently than we do are right and perhaps it is us who are misguided. We put ourselves in the shoes of others and try to understand reality from their perspective and question ourselves to determine if they might be right.

We reflect back on the things we used to believe in and why we believe something differently today. If we were wrong, how did we make the mistake? How much of what we believe in now will turn out to be wrong in the future? We experience reality individually through our minds. This is that day that we work on our mental tools. Long walks alone or other methods of expanding the mind are appropriate. It is a day of quiet reflection.