A sock puppet is a cult member. We call them sock puppets because they have surrendered their will to their masters and what they say are the words of the cult. They are completely dominated by the cult mind and are required to believe without question what they are told to believe. To become a sock puppet is to totally surrender your free will and surrender to a life of slavery.

An example of a sock puppet is a Jehovaha's Witness who comes to your door and when you try to have a conversation with them. It's like the person isn't even there. They just parrot a narrative that they are required to believe in order to stay part of the cult. Before a sock puppet can accept reality they have to realize that it will lead to them being thrown out of their cult.