## Communion

Communion is the gathering of people to talk about and explore reality. Whenever two or more of you are gathered in the name of exploring reality, whether in person or online you are in communion.

In the Church of Reality the word Reality is our {In:Sacred Message}. Whenever someone thinks about reality the universe becomes a little smarter. So when people talk about reality then all who listen are thinking about reality together, and to us Realists, that is holy communion.