

## Waste of Neurons

The term "Waste of Neurons" is a recognition that there is only so much room in the brain and that one's mental resources are valuable and should be used to store important information. It is similar to not downloading junk files on your computer that take up space and prevent you from storing useful information.

Obsessive Atheism, for example can become a waste of neurons in that if one spends all their time thinking about what isn't real then the brain becomes full of trivia and there isn't room for what is real. The Church of Reality considers memorizing the sacred text of other religions to be a waste of neurons that could better be used to understand the reality we live in. One of our disciplines is {In:Staying on Subject} which means to bring the debate back to reality.